



**S · H · E**

Schools for Health in Europe

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### **My experience in the field of Health Promoting Schools**

My interest in health promoting began when I was a school teacher back in the 90's. Since 2004 I have been employed at UC South Denmark working both with health promotion in general and with inequality in health. Especially, the issue of inequality has my interest, and I work closely together with preschools and schools to find educational solutions to the very complex matter of inequality in health - both as an educator, a consultant and a program manager.

Also, I evaluate health programs for municipalities, organisations and ministries.

### **My link to SHE**

Since 2009, I have been the leader of the national network of health promoting schools in Denmark. This network meets four times a year to discuss and share experiences in the field of health promotion. Since 2017 I have been the manager of SHE.

### **My ambitions for SHE**

SHE has one overall aim: To make every school in Europe a health promotion school. This aim is representative for my ambition for SHE.

I would like to see SHE as one of the leading organisations in Europe on school health promotion, providing all stakeholders – SHE national and regional coordinators, the SHE Research Group, every school in the European Union and in EU accession countries, programme developers and other professionals working in and around school health promotion – with knowledge and tools to make the overall aim of SHE come true. This includes an increased political focus and awareness on how schools can contribute to promote health for all.