

# 2019

## IN FOCUS

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Schools for Health in Europe  
Network Foundation



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Schools for Health in Europe

## Who are we?

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Schools for Health in Europe Network Foundation (SHE) is a network of health promoting school professionals from 33 countries in Europe and Central Asia.

SHE aims to support the development and implementation of school health promotion.

SHE is supported by the WHO Regional Office for Europe and the European Commission.

SHE is a non-profit making foundation.

## What do we do?

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SHE focuses on making health and well-being an integral part of policy development in the Education and Health sectors in Europe and encourages the two sectors to work together more efficiently.

SHE encourages each member country to develop and implement a national policy on school health promotion.

SHE encourages schools to develop and implement health promotion activities and to actively take part in a wider community in Europe and worldwide.

SHE uses the health promoting school approach as an evidence-based and comprehensive way of developing school health policy and initiatives.

SHE uses a positive and broad concept of health and well-being and acknowledges the UN Convention of the Rights of the Child.

### **SHE shares good practice, expertise and skills**

SHE provides a number of different materials to support professionals working with school health promotion.

[Find our resources here](#)

## SHE provides information and advocates for school health promotion

SHE develops communication materials on school health promotion, gives lectures at conferences and meets with stakeholders all over Europe and worldwide to plan and support school health promoting initiatives.

## SHE provides support and professional development of SHE members

SHE arranges a yearly capacity building workshop for its members and gives support to strengthen the health promoting school approach in each member country.

## SHE encourages research on school health promotion

The SHE Research Group is a consortium of researchers and research institutions from across Europe and Central Asia. Membership is open to anyone with a research background and an interest in school health promotion.

SHE organizes research group meetings and workshops to stimulate collaboration and knowledge transfer in the research field of school health promotion and education.

[Find the SHE Research Group here](#)

## SHE Secretariat

The SHE secretariat is hosted by University College South Denmark.

[Find the SHE secretariat here](#)

## SHE Board

The SHE board supports the SHE secretariat, overseeing the progress and functioning of SHE.

[Read more about the SHE Board and find its members here](#)

## SHE National and Regional Coordinators

SHE is represented in 33 countries by SHE national and regional coordinators. Each coordinator acts as the key person for SHE in the development of school health promotion in her/his country.

[Find our national and regional coordinators here](#)

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## SHE Moscow branch office

The SHE Branch Office in Moscow serves the Russian speaking countries in Eastern Europe and Central Asia. The branch office is supported by the Russian Ministry of Health and WHO Europe.

# She activities and tools in 2019

In 2019 SHE will deliver the following activities and tools:

- ✓ Up to date website
- ✓ 6 electronic newsletters
- ✓ Help desk to assist professionals working in the field of school health promotion
- ✓ Assembly and capacity building workshop for national and regional coordinators
- ✓ Research Group meeting
- ✓ Module for teacher training in three language versions
- ✓ Up to date SHE school manual in two new language versions
- ✓ Mapping development and implementation of national school health promotion
- ✓ Standards & indicators on school health promotion
- ✓ Online school health promotion glossary
- ✓ SHE factsheet no 5
- ✓ Video animation on SHE factsheet no 5
- ✓ Facilitating of school twinning
- ✓ Scientific publication
- ✓ Promoting material



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