

Programme for 5th SHE Summer School in Kuopio, Finland



State of the Art of School-Based Health Promotion in Europe: Research-Based and Practice-Based Knowledge



UNIVERSITY OF
EASTERN FINLAND

University of Eastern Finland, Kuopio Campus, Yliopistoranta 1 C,
Canthia building, 3rd floor, Kuopio, Finland, Auditorium CA301 / CA300
10-13 June 2015

Literature related to specific lectures is mentioned in brackets (see the separate reference list).

Wednesday, 10th June 2015:	
Introduction to health promoting school approach	
9.00 – 9.30	Arrival and registration (Tea / coffee)
9.30 – 9.40	<i>Opening of the Summer School: Greeting from the Faculty of Health Sciences</i> Dean Hilikka Soininen
9.40 – 10.00	<i>Welcome and practical information</i> Kerttu Tossavainen, Hannele Turunen
10.00 – 10.30	<i>Get to know each other activity</i> Marjorita Sormunen
10.30 – 10.45	Coffee-break / refreshments
10.45 – 11.30	<i>Schools for Health in Europe (SHE)</i> Goof Buijs (Buijs 2009; Simovska et al. 2012)
11.30 – 12.30	<i>Schools for Health (SHE) in Finland: research and practice</i> Kerttu Tossavainen, Hannele Turunen, Päivi Nykyri
12.30 – 13.30	Lunch together and interpersonal interaction
13.30 – 14.45	<i>Researching stakeholders perspectives on school-based health education and health promotion: between policy intentions and reality of practice</i> Venka Simovska (Madsen et al. 2015; Simovska & Carlsson 2012; Simovska et al. 2015)
14.45 – 15.00	Coffee-break / refreshments
15.00 – 16.00	<i>Reflections on using research for further development of (a) research and (b) practice</i> Venka Simovska (Buijs et al. 2014; Carlsson & Simovska 2012; Simovska 2012)
16.00 – 16.30	<i>Summing up, preparing the field visits / assignment</i> Kerttu Tossavainen, Hannele Turunen, Marjorita Sormunen

Thursday, 11th June 2015:		
Aspects in health promotion: school and community approach		
9.00 – 10.30	<i>Aspects on methodology and evaluation of school health research</i> Marjorita Sormunen (Sormunen et al. 2012; Sormunen et al. 2013)	
10.30 – 10.45	Coffee-break / refreshments	
10.45 – 12.30	<i>Diversity and equality in different settings for health – need for cultural competences and multidisciplinary approach</i> Paula McGee (Auditorium CA300)	
12.30 – 13.30	Lunch together and interpersonal interaction	
13.30 – 14.15	Previous topics continue; reflection and discussion in groups	
	<table border="0"> <tr> <td><i>a) Overview of the SHE online school manual and implementation in practice; examples from different countries</i></td> <td><i>b) Writing for publishing in academic journals</i> Venka Simovska</td> </tr> </table>	<i>a) Overview of the SHE online school manual and implementation in practice; examples from different countries</i>
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	Goof Buijs	
14.15 - 14.45	Key points from both groups	
14.45 – 15.00	Coffee-break / refreshments	
15.00 – 17.00	<i>PhD students present their work and get feedback / theoretical and methodological aspects</i> Venka Simovska, Kerttu Tossavainen	<i>Non-PhD students (participants) present a case from practice and get feedback</i> Goof Buijs, Marjorita Sormunen

Friday, 12th June 2015:		
Educational structure and renewed school curriculum in basic education in Finland		
9.00 – 10.00	<i>Educational structure in Finland</i> Marjorita Sormunen	
10.00 – 11.00	<i>Health promotion in schools and health education in the renewed curriculum. Case: Oral health as a part of health education in comprehensive schools</i> Hanna Miettinen, Marjorita Sormunen, Kerttu Tossavainen	
11.00	Departure from the UEF by bus	
11.15	Study visit 1: Lunch at the Steiner School Virkkula - Healthy school meal Tiina Halinen, Via Gourmet	
12.00	Study visit 2: Kuopio Classical High School - Teaching and learning technology Headmaster Jukka Sormunen	
13.00	Study visit 3: Aurinkorinne Comprehensive School – Sports activities by an NGO Manager Téa Knuutila	
13.30	Study visit 4: Martti Ahtisaari Comprehensive School – Tolerance/peace education (tbc) Headmaster Titta Kaukonen	
14.30	Study visit 5: Lehtoniemi Nursery School - Environment, physical activity and play Director Tiina Kerman	
15.30	Visit to the Observation Tower at Puijo	
16 -	Nature Trail “Konttilan kierto” (2,3 km) at Puijo	
-18	Picnic snack on the go	
-18	Arrival to the centre	
	Free time	
19.30 – 21.00	Cruise on the Lake Kallavesi on M/S Queen R + dinner on board	

Saturday, 13th June 2015:		
Collective contributions to school health promotion		
9.00 – 9.30	<i>Finalizing the assignments from the study visits</i> Marjorita Sormunen	
9.30 – 10.30	<i>Discussing the assignments & conclusions</i> Marjorita Sormunen	
10.30 – 10.45	Coffee-break / refreshments	
10.45 – 12.30	<i>Latest news from the HBSC</i> Raili Välimaa (Haapasalo et al. 2012; also Aira et al. 2014; Kronholm et al. 2015; Paakkari & Välimaa 2013)	
12.30 – 13.30	Lunch together and interpersonal interaction	
13.30 – 14.45	<i>PhD students present their work and get feedback / theoretical and methodological aspects</i> Kerttu Tossavainen, Marjorita Sormunen	<i>Non-PhD students (participants) present a case from practice and get feedback</i> Hannele Turunen
14.45 – 15.00	Coffee-break / refreshments	
15.00 – 16.00	General wrap-up & feedback, closing of the summer school	

The organizers reserve the right to make changes to the program.

Lecturers



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