Application of a community of practice to an evaluation study of the Dutch Healthy School Program – experiences and obtained insights



Gerjanne Vennegoor

Definition

'Communities of practice are groups of people who share a concern or a passion for something they do and learn how to do it better as they interact regularly.' 1

¹ Wenger, E. & Trayner, B. (2015). Communities of practice. A brief introduction.



Characteristics

- 1. Domain
 - Not limited by formal structures
- 2. Community
 - Mutual engagement
 - Joint enterprise
 - Shared repertoire
- 3. Practice
 - Members are practitioners

Wenger E. (1998). Communities of practice: learning, meaning, and identity. Cambridge University Press.



Possible aims

- Discussion of research design
- Mapping knowledge, identifying gaps
- Interpretation of results
- Requests for information
- Seeking experiences



Application: evaluation study of the Dutch Healthy School Program

The Dutch Healthy School Program

'Healthy lifestyle in the DNA of every school in the Netherlands'

- Funded by the government
- National workgroup
- 4 pillars: education, signaling, environment, policy
- Large support system



Research questions

1. Conditions for student outcomes

2. Conditions for implementation in schools

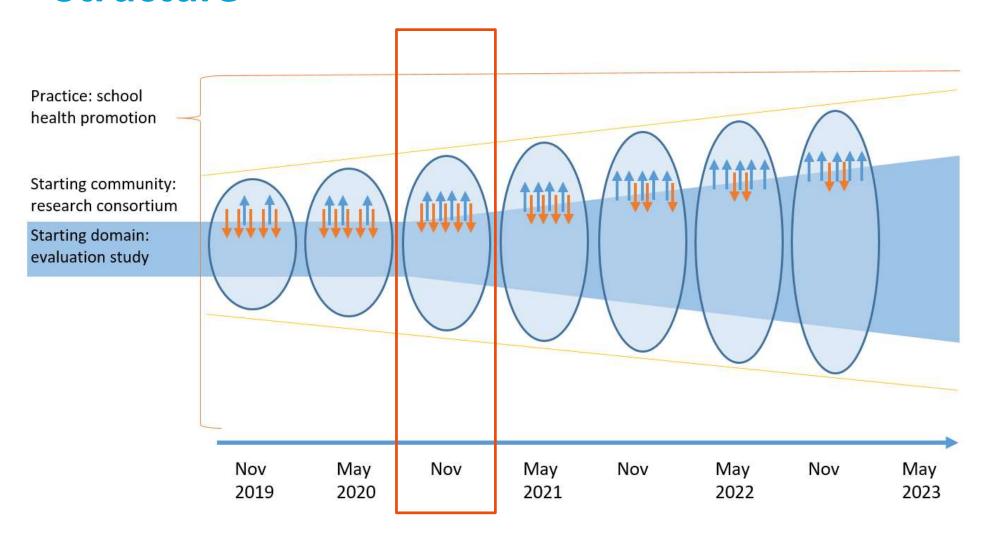
3. Conditions for regional support



Aim

- Research perspective
 - Build and consolidate support of participating organizations
 - Better understanding of our results
 - Transfer of results into practice
- Practice perspective
 - Insight into developments at other organizations
 - Insight into developments of the program
 - Gaining latest scientific knowledge

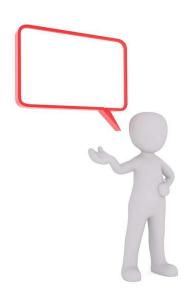
Structure



Meetings (2-3 times a year)







Examples of working formats

- School implementation: development and distribution of a questionnaire
 - Meeting 1: written feedback on preliminary version + discussion
- Regional support: input for research design
 - Meeting 2: input on indicators for support via email, reporting back + discussion

Examples of working formats

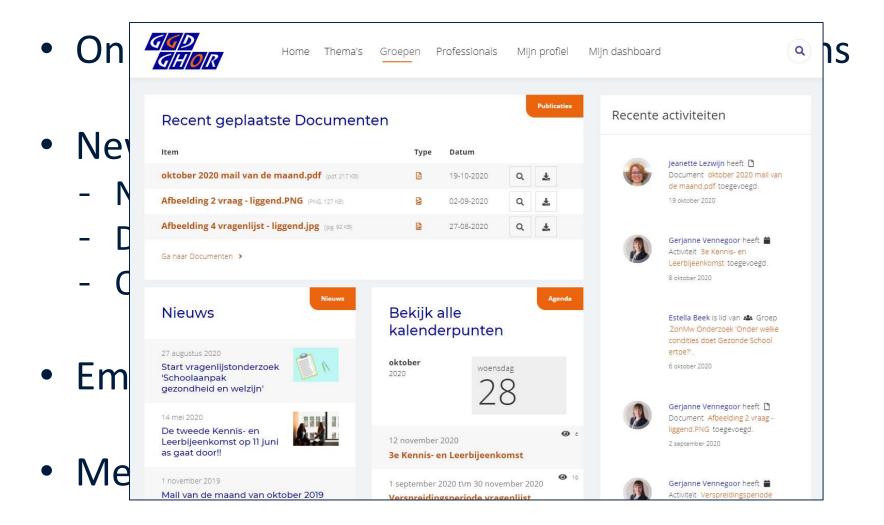
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In between meetings

- Online forum: news posts, online discussions
- Newsletters
 - Notifications, news
 - Developments
 - Questions to the community
- Email / phone contact
- Meetings with members of the community

In between meetings





Insights after 1,5 years – Structure

- 1. It takes time to build a community
- 2. If possible, build on an existing network
- 3. Involve practitioners in the organization team
- 4. Carefully plan your meetings (date, time, location)
- 5. Consider your target community members
 - It might be difficult to merge different sectors

Insights after 1,5 years – Content of meetings

- 6. Share knowledge, especially in the beginning
- 7. Report back on community input
- 8. Plan (a lot of) time for discussions
- 9. Try out different working formats: be creative!
 - Make sure everyone can contribute in their own way
 - Consider your target group(s)
- 10. Open communication

Insights after 1,5 years – In between meetings

- 11. Stay in touch regularly
 - Use a platform or newsletter
- 12. Speak to community members individually

Thank you!

Gerjanne Vennegoor g.vennegoor@maastrichtuniversity.nl