



Vlaanderen
is onderwijs & vorming

Agentschap
Hoger Onderwijs, Volwassenenonderwijs,
Kwalificaties & Studietoelagen

SHE Academy 2020 Health Literacy

Secondary education
Renewed educational goals
health literacy



Flanders
State of
the Art

Renewed educational goals: health literacy

1. Research

- ▶ Experts health organisations
- ▶ Scientific papers

2. Advisors

- ▶ Academic experts
- ▶ Teacher educators

3. Development committee

- ▶ Academic experts
- ▶ Educational umbrella organisations
- ▶ Teacher educators
- ▶ Teachers

4. Legislation of the Flemish government



Sorensen et al. *BMC Public Health* 2012, 12:80
<http://www.biomedcentral.com/1471-2458/12/80>



RESEARCH ARTICLE

Open Access

Health literacy and public health: A systematic review and integration of definitions and models

Kristine Sørensen^{1*}, Stephan Van den Broucke^{2†}, James Fullam^{3†}, Gerardine Doyle^{3†}, Jürgen Pelikan⁴, Zofia Słonska⁵ and Helmut Brand^{1†}, for (HLS-EU) Consortium Health Literacy Project European⁶



Renewed educational goals: health literacy

- ▶ Renewed educational goals after 20 years

 - Social changes

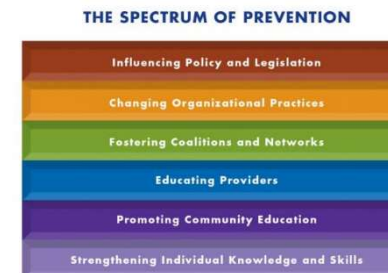
 - New media

- Importance of health literacy

 - Reducing health inequality

 - Health promotion

 - Making healthy choices



Renewed educational goals: health literacy

- ▶ Health education from 3-18 years: gradual build-up
- ▶ 2nd and 3rd grade of secondary school: health literacy
- ▶ Challenges:
 - Teach the teacher
 - Make pupils enthusiastic to learn about health
 - Search for evidence and good practices



Nutrition and Physical Activity



Growth, Development, and Sexual Health



Injury Prevention and Safety



Alcohol, Tobacco, and Other Drugs



Mental, Emotional, and Social Health



Personal and Community Health



Renewed educational goals: health literacy

Educational goal of the second grade of secondary education

- ▶ The pupils compare their own health behavior to recent scientific insights

**Factual knowledge*

- Emergency workers and health organizations such as the doctor, Centrum voor Leerlingenbegeleiding (CLB), ...

**Conceptual knowledge*

- Recent scientific insights on health about nutrition, hygiene and exercise.
- Health promotion and illness prevention
- Healthy lifestyle on the subject of food,
- Healthy lifestyle on the subject of hygiene
- Healthy lifestyle based on exercise standards

**Procedural knowledge*

- Applying **health literacy** regarding food, hygiene and exercise standards
- Call upon age specific aid workers and organisations of health care

**Metacognitive knowledge*

- Own health behavior



ANY

QUESTIONS