

SHE Academy - 2020

Program



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Schools for Health in Europe

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Dear SHE Academy 2020 participant

We are very happy to welcome you to the online SHE Academy on November 4th – 6th.

In this document you will find some information about the event and the agenda/program for the three days.

As preparation for the SHE Academy we have asked you to prepare a 15-minute presentation. If you are not working on a specific project that you would like to present, you can present how you work with the health promoting school. We also ask you to have a look at the SHE website - www.schoolsforhealth.org - to familiarize yourself with some of the values and concepts of the Schools for Health in Europe Network Foundation.

If you wish to read about health literacy before we meet you can look in the Handbook of health literacy – you can find it here:

https://www.researchgate.net/publication/329811044_International_Handbook_of_Health_Literacy_Research_Practice_and_Policy_across_the_Life-span

Please make sure that you have access to a stable internet connection and a good working camera and sound.

If you have any questions please direct them to Kathelijne Bessems at k.bessems@maastrichtuniversity.nl or Jesper von Seelen at jvse@ucsyd.dk.

We are very much looking forward to meeting you all.

Kind regards

Kathelijne Bessems, Ph.D., senior researcher and lecturer, NUTRIM School of Nutrition and Translational research in Metabolism, Department of Health Promotion, Faculty of Health Medicine and Life Sciences, Maastricht University, the Netherlands.

Lenna Paakaari, Ph.D., Senior lecture, University of Jyväskylä, Finland

Orkan Orkan, Ph.D., post doc researcher at the Faculty of Educational Science at Bielefeld University, Germany.

Jesper von Seelen, Ph.D., docent, Program for Childhood pedagogy, Health promotion and movement, University College South Denmark.

Julie Dalgaard Guldager, Ph.D, lecture at University College South Denmark



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The online platform

We will use the digital platform Zoom. You can access the link even without a zoom account.

SHE Academy 2020 program

Monday – technical test run 15.30-17.00

Wednesday November 4th

11.30 – 12.00	Log in – technical issues
12.00 - 12.15	Welcome (SHE, Maastricht University)
12.15 – 13.00	Icebreaker / getting to know each other / who are you?
13.00 - 13.30	Introduction to SHE (Perhaps Marjorita or Kevin – Jesper ask)
13.30-13.45	Break
13.45 – 14.30	Keynote #1 – Leena Paakaari and Orkan Orkan Health Literacy in schools This keynote will provide an overview of current evidence and knowledge on health literacy in relation to education and schools globally. It will link health literacy with concepts of health promotion such as the Health Promoting School framework and give impetus for the work and interaction in the SHE Academy.
14.30 – 15.10	Q & A closing

Thursday November 5th

8.30 – 9.00	Log in
9.00 – 9.15	Welcome todays program
9.15 – 10.00	Healthy schools in complex adaptive systems. Presentation of Prof. Stef Kremers, Head of department of Health Promotion, Maastricht University
10.00 – 12.00	Participants present own projects in groups and get feedback



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12.00 – 13.00	Lunch
13.00 – 13.45	<p>Keynote #2 – Leena Paakaari and Orkan Orkan Health literacy in research, practice and policy</p> <p>This keynote will provide insights to research, practice, and policy in the field of health literacy and how it relates to sustainability development. During the presentation findings from specific projects will be introduced for example from HBSC and further studies and implications will be drawn for health literacy practice. It will also look on global health literacy networks, their ties to schools, and why policy making is critical to ensure that health literacy is recognized and promoted in society.</p>
13.45 – 14.15	Q & A
14.15 – 14.30	Break
14.30 – 16.00	Participants present own projects and get feedback

Friday November 6th

9.00 – 11.30	<p>Group sessions in smaller groups</p> <p>Session #1: 9.00 – 10.00 Session #2: 10.30 – 11.30</p>
11.30 – 12.00	Closing