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Schools for Health in Europe

## SHE Capacity building and SHE Assembly meeting 2020

Online Zoom meeting

### Agenda 29th – 30th October 2020

All times are stated in Copenhagen time (CET)

The capacity building workshop and SHE Assembly meeting are open for: national coordinators, regional coordinators, members of the SHE Research Group (RG) and invitees (max. 200)

#### Thursday 29 October 2020

08.30 - 09:00 Testing connections

#### **09.00 - 12:00 Capacity building workshop – Joint part of RG meeting and Assembly meeting**

**Theme: Physical activity (PA) in the schools**

9:00 - 10:30 “Finnish Schools on the Move” is a national action programme aiming to establish a physically active culture in Finnish comprehensive schools. The programme is carried out by the Finnish National Agency of Education and the Ministry of Education and Culture.

An interactive presentation including the following topics will be presented:

- Schools on the Move program (Program coordinator Joonas Niemi Finnish Schools on the Move -program)
- Components to increase PA in school (Pedagogical Expert, Master of Sport Sciences, Samuli Penttinen, PALOeducation)
- Program research and results (Researcher Jouni Kallio, LIKES Research Centre for Physical Activity and Health)

During the presentations, PA at schools during the time of COVID-19 will be addressed.

10:30 - 10:45 Exercise break

10:45 - 11:30 Discussion in groups

- Is daily physical activity (PA) an organic part of the school day and in leisure time on a system level?  
If YES:
- How is it organized (daily physical education class / Dynamic physical education (DPE)/other way?)
- How likely is it that all children will participate?
- How is improvement of the quality of daily PA facilitated? And how is it affected by COVID-19?



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If NO:

- What are the causes?
- What are the plans of possibilities to improve the situation?

11:30 – 11:55 Plenary session with key point from the discussions

11:55 – 12:00 Closing of session and presentation of the afternoon's agenda

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12:00 - 14:00 Lunch break

Individual time, watching videos and documents for preparation on the afternoon

meeting. <https://www.schoolsforhealth.org/about-us/member-countries/she-assembly>

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### **14:00 - 16:15 SHE Assembly meeting**

14:00 - 14:05 Welcome, election of chairperson, election of keeper of the minutes

14:05 - 14:30 International coordinators report (Anette Schulz, SHE manager)

(Video on SHE's activities in 2020 available on:

<https://www.schoolsforhealth.org/about-us/member-countries/she-assembly>)

14:30 - 14:45 Presentation of work performed by the SHE Research Group, (Marjorita Sormunen, chair of the Research Group)

14:45 - 15:05 News from WHO (Martin Weber, WHO)

15:05 - 15:20 Break

15:20 - 15:35 Information about the financial statement for 2019 (Nina Grieg Viig, Norwegian national coordinator)

Information about budget for the coming year (Anette Schulz, SHE manager)

15:35 - 15:45 Presentation of the two board members elected for a 2-year period (election is done per email before the meeting)

Presentation of one substitute SHE Board member elected for a 1-year period (election is done per email before the meeting)

15:45 - 16:10 Proposals from the SHE board and/or SHE members:

- 15:45 – 16:00: Proposal from the board: Presentation of revised Articles of Association – and approval (Anette Schulz, SHE manager)  
(Document available on <https://www.schoolsforhealth.org/about-us/member-countries/she-assembly>)
- 16:00 – 16:10: eTwinning and distance learning platforms: A possibility for coordinators to collaborate on teacher training (Electra Bada, Greek national coordinator)

16:10 - 16:15 AOB

Closing of day one.



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## Friday 30 October 2020

08.30 - 09:00 Testing connections

### 9.00 - 12.00 SHE Assembly meeting

**Theme: Implementation of school health promotion and the use of SHE materials in the time of COVID-19**

All national coordinators are invited to send a video presentation (10 minutes) or a short document related to the theme, before the meeting. Participants are asked to prepare for the meeting by studying the materials from the other coordinators. Have a look at:

<https://www.schoolsforhealth.org/about-us/member-countries/she-assembly>.

09:00 - 09:15 Dissemination and implementation of SHE tools (Branka Đukić, regional coordinator, The Slovenian Network of Health Promoting Schools)

09:15 - 09:30 National adaptation of SHE School Manual 2.0 (Päivi Nykyri, Finnish national coordinator)

09:30 - 09:45 Materials for Teachers 2020: Health Promoting Schools and Social Inequalities (Luciana Collier, author)

09:45 - 10:00 The Polish model of health promoting schools and the Polish health promoting school structure (Valentina Todorovska, Polish national coordinator)

10:00 - 10:15 Exercise break

10:15 - 11:15 Group work: How to implement SHE tools both in general and in the time of COVID-19

The questions for the groups are:

- Which SHE tools do you find useful? How are they used in your country?
- How to implement SHE tools in general?
- How to implement SHE tools in the time of COVID-19?
- What will be important issues for SHE in the year(s) to come?

11:15 - 11:25 Break

11:25 - 12:00 Plenary session: Discussion on group work

12:00 Closing of the SHE Assembly meeting

Revised on 29<sup>th</sup> October 2020