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Schools for Health in Europe

Assembly meeting and Capacity building workshop

Online Zoom meeting

All times are stated in Oslo time (CET) - **be aware of any time difference**

Agenda

The SHE Assembly meeting and capacity building workshop are open for: national coordinators, regional coordinators, members of the SHE Research Group (RG) and special guests.

Sign up with your name, country, function in SHE and email address (please write "SHE Assembly 2020" as subject in your email) to Ulla Pedersen, uped@ucsyd.dk.

What is the SHE Assembly meeting?

The SHE Assembly is the basic steering and decision-making body of SHE, and an Assembly meeting is held annually. All members of SHE (national coordinators, regional coordinators, members of the research group) can participate in the SHE Assembly meeting. In connection with the meeting, a capacity building workshop takes place.

Aim of the meeting:

The aim of the meeting is that SHE's national / regional coordinators get increased knowledge and skills on school health promotion and get inspired to use their increased knowledge and skills in their national and regional networks.

Wednesday 2nd June 202, 12:00 – 15:15 (CET)

11.30 - 11:55 Testing connections

12:00 - 12:05 Welcome, election of chairperson, election of keeper of the minutes

12:05 – 12:25 Cultural intermezzo, Welcome to Bergen, Norway (the host organization)

12:25 – 12:30 Group photo

12:30 - 13:00 International coordinators report (Anette Schulz, SHE manager)

13:00 – 13:15 Break

13:15 – 13:30 Presentation of work performed by the SHE Research Group (Marjorita Sormunen, chair of the Research Group)

13:30 – 13:50 News from WHO (Martin Weber, WHO)

13:50 – 14:00 Break



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- 14:00 – 14:10 Information about the financial statement for 2020 (Nina Grieg Viig, Norwegian national coordinator)
- 14:10 – 14:20 Information about budget for 2021 and the process of applying for funding for 2022 and forward (Anette Schulz, SHE manager)
- 14:20 – 14:30 Presentation of the two board members elected for a 2-year period (election is done per email before the meeting)
- Presentation of one substitute SHE Board member elected for a 1-year period (election is done per email before the meeting)
- 14:30 – 14:45 Presentation: Health promoting schools in the time of COVID-10 (Veronica Valesco, Lombardy region, Italy, regional coordinator)
- 14:45 – 15:05 Proposals from coordinators
- 15:05 – 15:10 AOB
- 15:10 – 15:15 Closing of the day, including information about tomorrow (Ulla Pedersen, SHE secretariat)

Thursday 3rd June 2021, 9:00 – 13:00 (CET). Theme: Mental health

- 08.30 - 08:55 Testing connections
- 09:00 – 09:05 Welcome
- 09:05 – 09:20 SHE's factsheet 2021 on mental health (Emily Darlington and/or Catriona O'Toole)
- 09:20 – 09:35 The Slovenian 'This is me' programme (prevention programme for adolescents) (presenter from Slovenia)
- 09:35 – 09:50 The Happiness Triangle as it is used in the Belgium Network of Health Promoting Schools (presenter from Belgium)
- 09:50 – 10:00 Break
- 10:00 – 10:15 The voice of pupils (co-director Colin Morrison and children from the Scottish Children's Parliament)
- 10:15 – 10:30 The voice of pupils (a pupil from secondary school, Slovenia)
- 10:30 – 11:00 Reflections on the voice of the pupils in the work with mental/emotional health and wellbeing
- 11:00 – 11:10 Break
- 11:10 – 12:00 Discussion: How can we support a focus on mental health in everyday life at school beyond the time of corona, based on a strong focus on pupils' participation?
- 12:00 – 12:20 Break and a possibility to read the shared notes from discussion groups
- 12:20 – 12:50 Plenary summary
- 12:50 – 13:00 Evaluating and closing the Assembly meeting and capacity building workshop (Anette Schulz, SHE manager)

(Date of document: 4th May 2021)