



# National adaptation of SHE School Manual 2.0

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**SOSTE**

# The purpose of writing an Annex is:

- to ensure the SHE School Manual is understood in a specific country context.
- encourage schools to familiarize to the manual and to use it in the promotion of school well-being and health

What should be included in the Annex?

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## Template for annex describing School Health promotion in a country context (by SHE secretariat)

- Legislative framework for health promotion in school system
- Role of teacher in health promotion in school system
- Required or desired specific skills/education of teacher
- Role of health professionals in health promotion in school system
- Required or desired specific skills/education of health professional
- Health promotion implementation strategy in school system
- Number of teaching hours for school health promotion
- Subjects in school health promotion
- Goals for school health promotion
- Criteria to assess how students meet goals
- Name and contact details of SHE coordinator

# What else could be included in the annex

- Whole school approach
- Investment perspective
  - Investing to children is investment to the future
- Many tasks
  - To initiate, upscale, sustain, and inspire the process of becoming and/or remaining a health promoting school
- Makes health promotion visible and planned
- Helps to prioritize, set objectives, and allow evaluation

# How can SHE School Manual be a help in the times of corona

- demonstrates the importance of health promotion
- helps to prioritize and make the plans and enable evaluation
- an environment-based approach (setting approach) is emphasized