

Update from Sweden

Sweden is a new member of SHE and don't have any specific examples of use of SHE material yet, but a lot of Pep School (schools that participate in the national project 'Generation Pep' for health promoting schools) has elements from the SHE model for example, same with Swedish Sports Confederation initiative - helping schools in 19 districts in Sweden.

One big news update from Sweden: To reverse the trend with overweight and obesity, the Swedish government appointed Johan Holmsäter as national coordinator to promote increased physical activity from 4 May 2020. However, shortly thereafter 17th October 2020 Johan Holmsäter was resigned from his responsibility. There is currently no new replacement.

The Swedish Government also gave the Ministry of education the mission to come up with a proposal on how to increase physical activity during the school day in 2019 (<https://www.skolverket.se/publikationsserier/regeringsuppdrag/2019/uppdrag-om-mer-rorelse-i-skolan>), after recently in 2018 increasing the PE classes with 100 hours for all students grade 6-9 (12-15 years) (<https://www.skolverket.se/om-oss/press/pressmeddelanden/pressmeddelanden/2018-06-15-fler-timmar-idrott-och-halsa-i-arskurs-6-9>). The Swedish Government have yet decided on the proposal that the ministry of education gave, and we are still waiting for their reply.

Here is more info on the initiative from the Swedish Sports Confederation (Riksidrottsförbundet): "Movement initiative in school" (Rörelsesatsning i skolan). Riksidrottsförbundet is funded by the Swedish government: <https://translate.google.se/translate?sl=sv&tl=en&js=y&prev=t&hl=sv&ie=UTF-8&u=https://www.rf.se/RFarbetarmed/Aktuellaprojekt/rorelsesatsningiskolan&edit-text=>

Read about Generation Pep in English here:

<https://generationpep.se/sv/in-english/>

Watch a short introduction video of Pep School in Swedish:

<https://www.youtube.com/watch?v=co5bsh3yY8g>

Swedish SHE coordinator Marie Harding,
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