



## Agenda

5 presentations

**SHE's factsheet 2021** on mental health (Catriona O'Toole and Emily Darlington, members of SHE's research group)

"This is me" - prevention programme (Domen Kralj, Psychologist at the NIPH, Slovenia)

Happiness triangle in education (Eline De Decker, senior staff member, 'mental well-being' at the Flemish Institute of Healthy Living, Belgium)

Children explore mental health and wellbeing at school: Members of Children's Parliament (MCPs) Scotland, with Children's Parliament staff Colin Morrison and Katie Reid

"Our needs and thoughts relating to the school environment"...firsthand from a youngster's perspective (Val Stankovič Pangerc, a 1st year student from Gimnazija Vič (highschool), Slovenia)

#### Discussion in groups

- Reflections on the voice of the pupils in the work with mental/emotional health and wellbeing
- How can we support a focus on mental health in everyday life at school beyond the time of corona, based on a strong focus on pupils' participation?

Plenary session



# Planning committe



Suzanne Hargreaves National coordinator Scotland



Nina Grieg Viig National coordinator Norway



Peter Paulus National coordinator Germany



Branka Dukic Regional coordinator Slovenia



Ulla Pedersen SHE secretariat Denmark



- National and regional coordinators
- Substitutes for coordinators
- Members of SHE's research group
- Friends from WHO
- Jens Aagaard-Hansen (external evaluator)
- > SHE secretariat members
- Presenters



### Who are we?

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## Today, 32 countries are represented



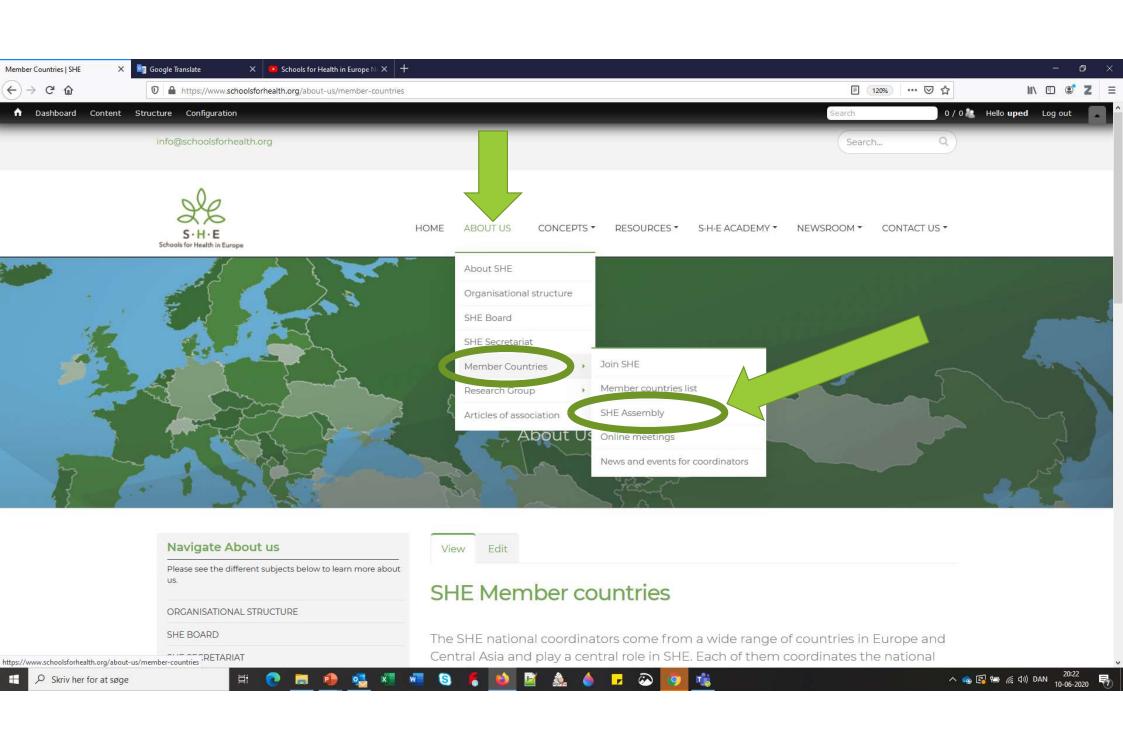




### Use the chat

- If you have questions and comments during the meeting
- When you are asked a question
- Please write in English, but never mind the spelling....!







Schools for Health in Europe

#### Schools for Health in Europe

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