

Online conference "Strengthened and resilient at the workplace school"

The online conference on 23.11.2020 marks the start of a priority year for the promotion of the psychosocial health of pedagogues in times of crisis.

School as a social space can and should promote the psychosocial health of all. Teachers who are themselves psychosocially balanced can have a more positive impact on the well-being of students. Especially in times of great uncertainty and new challenges, this requires a sensitization and strengthening of teachers in dealing constructively with everyday stress and crises.

An online seminar series will follow the kick-off event. The topics will include the effects of crises on psychosocial health, the impact of teacher health on school quality and the well-being of students and methods to promote teacher and student health. Also on the agenda are the role of teacher health in the context of violence prevention and the need to strengthen teachers in dealing with violence and (cyber)bullying.

The conference and the online seminar series are organized by the Federal Ministry of Education, Science and Research in cooperation with the Social Insurance Institution for civil servants, railway workers and miners Austria (BVAEB) and the Fonds Gesundes Österreich (FGÖ).

Deepening discussions in the form of webinars following the conference from December 2020 to September 2021:

10 December 2020, 16:00 - 17:30 p.m.

I "Health Promotion at School - Theory and Practice Examples for Better Health in Everyday School Life",

19 January 2021, 4:00 - 5:30 p.m

II "(Occupational) stress situations of teachers in and after crises - possibilities of burnout prevention in the teaching profession".

February 16, 2021, 16:00-17:30 p.m

III "Well-feeling zone school - building blocks of effective health promotion and (cyber) mobbing prevention at schools - evidence and implementation experiences"

15 March 2021, 15:30-17:00 p.m

IV "Strengthening resilience in everyday pedagogical life" (Part I focus on teachers),

13 April, 2021, 16:00-17:30 p.m

V "Teacher health in focus - strengthened for everyday school life. Implementation examples, results, learnings".

13 May 2021, 14:00-17:00 p.m

VI "Mindful school - structural prevention of sexual violence"

15 June 2021, 15:30-17:00 p.m.

VII "Strengthening Resilience in Everyday Pedagogical Life" (Part II Focus on Students),

14 September 2021, 2:00-15:30 p.m:

VIII "How Salutogenic Leadership Strengthens Teacher/Internal Health and thus School Quality"

Further information: <https://wohlfuehlzone-schule.at/konferenz2020>

You are welcome to join us