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My experience in the field of Health Promoting Schools

Public health interests me greatly. I am a teacher of young adults and have worked in Denmark educating young people interested in health, childcare and aged care. In addition, I have taught older students with a specific interest in health promotion. I have also been privileged to participate in a program in rural Panama where I had the opportunity to teach specific health subjects such as oral hygiene and nutrition with an organisation known as The Floating Doctors.

My link to SHE

I am employed within the SHE secretariat assisting with communication in regards the website and social media. I have also provided support and facilitation in missions to countries such as Tajikistan.

My future ambitions for SHE

My future ambition for SHE is that countries recognize and use this network actively. This network provides a unique opportunity for innovative approaches to creating Healthy schools. The network should be an active base where participants can collaborate and inspire each other to ensure student health and well being.