



AGRUPAMENTO DE ESCOLAS
José Régio

Agrupamento de Escolas José Régio: 135320
Escola Básica José Régio: 341848



EDUCAÇÃO



From: José Régio School - Portalegre

Portalegre May 26, 2020

Measures implemented by the José Régio Schools, Portalegre to maintain the physical, mental and psychological health of students:

- Dissemination through various digital media, flyers, posters, powerpoints, short videos, and other information materials on Covid-19 disease to students and guardians, as well as the entire educational community. The School's website and facebook are constantly updated:

www.aejr.pt

[https://www.facebook.com/Agrupamento-de-Escolas-Jos%C3%A9-R%C3%A9gio-Portalegre-449300955518389/?modal=admin todo tour](https://www.facebook.com/Agrupamento-de-Escolas-Jos%C3%A9-R%C3%A9gio-Portalegre-449300955518389/?modal=admin_todo_tour)).

- Monitoring of students by special needs teachers and other social workers;

- GAAF (Student and Family Support Office) created an Instagram page, based on the sharing of thematic activities, for the development of playful pedagogical activities that promote the emotional and mental well-being of students.

- On the Facebook page of the Grouping Health Fair, Therapists and psychologists streamline the space: "Therapies Corner".

- Information on Safe Internet has been published on the website and on the Facebook page of the school. We have developed the Regio eSafety campaign within the scope of the European Project Erasmus + "Social Media":

<https://www.facebook.com/RegioSocialMedia/>

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- Activities continued to be developed under the “Recognize and Change” project.
- Training action "Clarifying doubts about hygiene, social distance and wearing masks", aimed at Operational Assistants, Childhood Educators, Special Education Teachers and Specialized Technicians (namely from the Local Intervention Team) who work with children from preschool.
- ITAD, Institute of Support and Development, as well as Ment`Alegre, continued the work developed by students, therapies are taking place in different ways, video calls, emails, telephone messages, WhatsApp, recordings of techniques with task instructions , etc.
- The school animators promote relaxation sessions for parents and children via zoom.
- The School is working in partnership with several local services such as: City Hall, Health Center, Commission for the Protection of Children and Youth, Public Security Police, National Guard, Parish Councils, Santa Casa da Misericórdia de Alegrete..., in order to respond to the needs that arise from students and their families.
- Tablets and computers were made available, as a loan, to students who did not have technological devices that would allow them to monitor synchronous and asynchronous classes.
- Every class has a weekly meeting scheduled with the class directors, so that a weekly balance is made, where problems are presented, doubts are clarified, if any kind of help or assistance is detected or requested from the students.
- Dissemination of the program “Eu e os Outros”, stories in interactive format directed to the situation of confinement resulting from the pandemic by Covid-19.
- Disclosure of the Corona virus / Covid pamphlet - 19 vulnerable situations for children and youth combating sexual abuse and exploitation against children in Covid time -19 released by the National Commission for the Promotion of the Rights and Protection of Children and Youth.
- Since the closure of the schools was decreed, the provision of meals was guaranteed to the students of levels A and B who so wished, and this service was subsequently extended to all teaching cycles, and which, in close articulation with the municipality,

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became a home meal service, including students living in the parishes of Reguengo, and Alegrete.

The Headmistress,

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