Primary School Veržej hosted a camp of Slovenian Health Promoting Schools

Primary School Veržej is one of twelve primary and secondary schools, which established a network of Slovenian Health Promoting Schools in 1993 (founding schools). Our school is special. Children (around 100 pupils) from surrounding villages attend our school along with children with emotional and behavioural difficulties living in our residential institution that is a part of our organisation. These pupils (around 50) come from different parts of Slovenia and are placed in our institution by the Social welfare centres or juvenile courts. They are from 7 to 15 years old. We offer them special social-pedagogical treatments with the main aim being preparing them for life and work.



Founding schools meet every year to exchange the good practice examples and ideas. One of such camps was hosted by the Primary School Veržej on Thursday, 18. 4. 2019. The camp was attended by representatives, coordinators and students of Slovenian Health Promoting Schools founders, leaders of school teams, regional coordinator of Health promoting schools, Mrs. Cecilija Sušec at NIJZ (National institute of Public Health) Regional Unit and national coordinator of the Slovenian Network of Health Promoting Schools, Mrs. Mojca Bevc. Guests were greeted with healthy refreshments. Students introduced the host school with a cultural programme, such as folklore dancing, singing, acting ... All the attendees were greeted by the headmistress of Primary Scholl Veržej, Mrs. Marija Ferenc and the coordinator of Health Promoting School, Mr. Sašo Hladen.



After the greetings, students attended two different activities: relaxation techniques under the guidance of Ljutomer Health Centre representatives and outdoor activities under the guidance of school's teacher of physical education, Mr. Anton Šterman. Healthy lunch followed, prepared by the school's cooks and after that, workshops at Center DUO were carried out. Here guests got acquainted with pottery and each and one of them was able to make a small piece of pottery which could be a cup or a bowl. They also got to know how to make Easter decorations out of corn bast.



Teachers and coordinators were in the meantime welcomed at the town hall by the mayor of the Veržej municipality where they visited a memorial room of important locals Dr. Fran Kovačič and Slavko Osterc. Kovačič is one of the most important Slovene philosophers from the first half of 20th century and author of the first scientific philosophical work in Slovene language. Osterc represents a leading persona in Slovene music between the two World Wars.



A guided tour of Veržej continued with a visit of a residential house, that is a part of the Primary School Veržej, namely some students live there during school days. With a little help of educators, students distinguished themselves as excellent hosts, as they took guests/visitors to see their rooms and explained how everyday life works there and delighted us with a delicious apple pie.

The end of the day was made even more interesting with the help of the animators from Banovci Spas (animators for children from Therme Banovci). They created some interesting educational and investigative tasks and together with students prepared delicious lemonade and healthy pancakes. This is how we brought our nice gathering to its end and we are looking forward to the next Camp of Health Promoting Schools that is going to be hosted by Primary School Bistrica ob Sotli next spring.

Coordinator of Health Promoting School at OŠ Veržej Sašo Hladen



For a better impression of the camp, you can view other photos on the website: https://photos.app.goo.gl/QwforHyE89Me9Kbm7

If you need more information, you can contact also the school leader, Mr. Sašo Hladen, e-mail: saso.hladen@os-verzej.si.