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Schools for Health in Europe

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My experience in the field of Health Promoting Schools

I have been working with implementing physical activity in school and preschool since I started at UC South Denmark in 2007 and did my Ph.D. on how to include lower skilled pupils in physical education in 2009-2012. Since 2013 my main focus has been on the link between physical activity and cognition. I am the head of a research program on health promotion and learning that runs about 25 research projects and I supervise three Ph.D-students.

My link to SHE

I work as consultant in the SHE secretariat and take part in the research group. I represent SHE at different events.

My future ambitions for SHE

I would like to see SHE develop into an even more active and proactive entity in research and dissemination of research. I hope that our European HPS survey initiative will be a success and help to inform researches, practitioners and politicians. SHE's link to WHO and their work is strong, and I would like to see that link strengthened even further in the future.