



Lisbeth Burich, SHE consultant
Research Centre for Health Promotion
University College South Denmark
Lembckesvej 7, 6100 Haderslev
Denmark
lbur@ucsyd.dk

My experience in the field of Health Promoting Schools

My interest in school health promotion developed from my Master of Science in Social Research, where I studied urban children's relationships with the countryside and the animals that inhabit these spaces. This sparked an interest in the role nature and the outdoors play for children's development and health. I have since gone on to work with young people, with a focus on managing mental health and improving well-being among university students.

My link to SHE

I joined the SHE secretariat in 2021 with the main task of facilitating twinning between schools in SHE's member countries. I also write about SHE activities on various media platforms in a bid to introduce SHE to a wider audience. Finally, I translate some of SHE's publications from English into Danish, a task that my inner language nerd adores.

My future ambitions for SHE

My ambition for SHE is to raise its profile in the general public. Awareness of the SHE network is key if it is to grow and continue to engage schools, researchers and stakeholders in the years to come. The SHE approach to school health promotion is innovative and ambitious, and I hope many more schools in Europe and beyond will become Health Promoting Schools in future.

6th May 2021