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Schools for Health in Europe

SHE Research Group Meeting 19th-20th June 2019, Reykjavik, Iceland

Meeting summary

Venue

The University of Iceland, School of Education, Stakkahlíð, 105 Reykjavík

Chair of the meeting

Marjorita Sormunen

Participants

Rute Santos, Rafaela Rosario, Maria Scatigna, Peter Bentsen, Julie Dalgaard Guldager, Monica Carlsson, Julien Masson, Katazyna Borzucka-Stikiewicz, Dijana Mayer, Patricia van Assema, Didier Jourdan, Karina Leksy, Leena Paakkari, Hannele Turunen, Catriona O'Toole, Alice Haav, Lamia Channoufi, Mads Bølling, Simon Murphy, Martin Weber, Vivian Barnekow, Jens Aagaard Hansen, Anette Schulz, Jesper von Seelen, Ulla Pedersen, Kevin Dadaczynski (co-chair of the RG), Marjorita Sormunen (chair of the RG)

Keeper of minutes

Jesper von Seelen

Introduction, aims of the Research Group (RG) meeting, SHE & RG news and documents

(Find the powerpoint presentations from the RG Meeting 2019 on:

<https://www.schoolsforhealth.org/about-us/research-group/rg-meeting-2019>)

Marjorita Sormunen welcomed everyone, presented the agenda, and all participants introduced themselves.

News from the SHE / Anette Schulz, Ulla Pedersen

The 2018 Periodic Technical Report has been approved and the external evaluation concluded that “Overall, this is a satisfactory achievement bearing in mind the short time span (6 months). It is the impression that the key players within the SHE have made a strong effort to kick-start the activities and move in the right direction”.

For the 2019 workplan all deliverables are on schedule including

- SHE Assembly meeting in Iceland in June
- SHE RG meeting in Iceland in June
- SHE presence at international conferences (Ireland in June, Moscow in November)
- Consultancy visits (Italy & Croatia)

- SHE Board meeting in December in Copenhagen
- Teacher material is being developed
- HPS standards and indicators are being developed
- A new SHE school manual is being developed
- HPS mapping
- SHE factsheet on the state of the art on school health promotion is being developed
- An animated video of the SHE factsheet is being developed.
- SHE online glossary
- Support scientific publication
- SHE Academy in Lyon in November
- SHE newsletter with 973 subscribers (objective before 2020 is 1300 followers)
- Social media with 1172 followers (objective before 2020 is 2000 followers)

Due to the last two objectives mentioned above, the SHE secretariat ask for the help of the members of the Research Group to promote the SHE Newsletter (<https://www.schoolsforhealth.org/newsroom/subscribe>) as well as the Facebook, LinkedIn and Twitter platforms (find addresses through the icons at the bottom of schoolsforhealth.org).

Also SHE is involved in Country missions together with WHO and SHE Branch Office in Moscow and in 2019 country missions take place in Kazakhstan, Uzbekistan, Kyrgyzstan and Tadzhikistan.

Caroline Moos is a new employee in the SHE secretariat and will take over responsibility for some of the communication tasks.

Many of the 2020 SHE workplan items are already in progress, including

- SHE Assembly Meeting 2020 in Finland
- SHE RG meeting 2020 in Finland
- SHE school manual translation into Finnish, Polish, Greek and Danish
- Teacher material on inequality in health and translation into Spanish and Slovenian
- Moldova and Armenia will be added to the country missions

As has been done in 2019, the sub-contraction of tasks to members of the RG and national coordinators will continue.

The Articles of Association (AoA) was presented last year at the SHE assembly meeting as well as the RG meeting. After the comments received then, the new and active AoA's was produced. It is available at the SHE website (<https://www.schoolsforhealth.org/about-us/articles-association>).



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Current issues in the SHE RG / Marjorita Sormunen, Kevin Dadaczynski, Jesper van Seelen

Marjorita highlighted the aim of the meeting as working on collaboration among the SHE RG members.

The RG currently holds 75 members from 21 countries. To gain membership in the RG there is a set of criteria (see membership form <https://www.schoolsforhealth.org/about-us/research-group/join-research-group>). Junior membership / early career membership was discussed, and how a possible junior membership can affect our focus in the future. Several participants pointed out for the RG being open also to early career researchers either through a junior membership or in the RG because this has value for the group as well as for the researcher.

The SHE RG steering group includes Karina Leksy, Emily Darlington, Maria Teresa Vilaca, Simon Murphy, Venka Simovska, Kevin Dadaczynski & Marjorita Sormunen. The tasks of the steering group were presented.

Having a chair and a co-chair in the RG has been a good decision, and the collaboration between the chairs has worked very well. The chairs have a monthly meeting via Skype.

New publications and research applications within the group were discussed, as were the principles related to a SHE publication. It is not necessary to write the SHE as a partner in a paper, but it can be a good idea to mention SHE in the acknowledgement. This is only applicable when a paper with a close link to the SHE is written. Please, inform Anette if you write a paper and / or acknowledge the SHE in the paper.

The SHE HPS Survey has grown since the initial idea and a group consisting of Rute Santos, Jesper von Seelen, Julie Guldager & Rafaela Rosario will coordinate the process moving forward and try to keep the workload manageable for participants. Relationship with the HBSC study was discussed. It is important that the SHE HPS survey does not interfere the HBSC study.

The SHE Academy will be held in November 4-6th in Lyon, France, in collaboration between Claude Bernard Lyon 1 University, the SHE Network Foundation, University College South Denmark and Unirés. The theme is “Methods in research in HPS” There are still 15 slots available and you can sign up at <https://www.schoolsforhealth.org/she-academy/she-academy-2019>. Please let your network know about the Academy.

The annual working plan for 2019 was presented (please, see the slides for details). The RG is involved in several activities of which some are contributed largely by the chairs:

- Renewing position paper and membership form
- Writing annual working plans for 2019 and 2020
- Contributing to the 5th factsheet planning
- Reporting research activities in the SHE newsletters
- Mapping the RG’s research areas
- Contributing to the SHE Academy



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- Organizing the 5th European Conference on HPS
- Organizing a capacity building workshop as a part of the RG meeting 2019
- Contributing to joint research activities
- Establishing the RG steering group and developing working groups
- Organizing and / or participating in meetings: the RG meeting, the SHE Board meeting, chairs' monthly meetings, and the RG steering group meetings.

The SHE position paper is currently being renewed based on the comments from the previous RG meeting and the Moscow workshop. The position paper describes e.g., the purpose of the RG, its organizational structure and work mode as well as criteria for becoming a member. The steering group will finalize the position paper after which it will be approved by the Board, and published on the SHE web-page (<https://www.schoolsforhealth.org/about-us/research-group>).

The 5th Conference on Health Promoting Schools in Moscow is in November 20-22nd 2019. The work with organizing is ongoing within a relatively short timeframe. Kevin, as a chair of the scientific committee, has made a great effort in organizing the conference. The scientific committee has been formed and is available on the conference website. Due to the good experiences, numerous elements and formats of the 4th HPS conference (Odense/Denmark) are used. This also includes the idea of organizing panel sessions with 3 short key notes each morning. The panel session program is already finalized. As there were less abstracts than expected, the deadline for submission has been extended. Please disseminate in your network and sign up at the conference website: <http://sheconference2019.org/> A twitter account has also been created and can be accessed via: <https://twitter.com/home> (the official conference hashtag is: #she2019).

Research Group meeting Capacity Building Workshop (CBW)

Marjorita opened the CBW, which was themed as *collaboration within the RG* by outlining the objectives of the workshop:

To hear presentations of RG members' research conducted using different methodologies and study designs

Rafaela Rosario presented a cluster randomized trial on obesity in preschool children. Mads Bølling presented a quasi-experimental intervention study about education outside the classroom. Maria Scatigna presented a project about adolescents' perceived health in a post disaster context and school wellbeing as a mediating factor.

The presenters received comments and questions from the participants. Also, Maria extended an invitation for collaboration with her research project.



To prepare a matrix for collecting the current thematic research areas and methodological experience of the members.

The participants discussed and decided that it is a good idea to have more information on each member of the RG available on the SHE webpage. The idea will be developed and activated together with the Secretariat.

To have a view of future areas and methodologies for school health research.

Before the meeting, the RG members got an invitation to indicate their ideas for future areas and methodologies in school health research. The content of the word cloud was discussed. If you have not answered yet – please do so: <https://answer.garden.ch/954193>

Anette brought out that there is an opportunity (budget) to invite an expert of some of these future areas to provide training, for example, during at the next RG meeting. Also the expertise of the RG members can be used.

To discuss about establishing working groups inside the SHE RG for future joint initiatives, about funding opportunities for joint research projects, and to find out possibilities for joint scientific publications.

The RG members also received a link to indicate their interest to 1) belong a SHE working group, 2) write joint funding proposals, and/or 3) write joint publications with the colleagues *within the RG in a time frame of three years*. If you have not answered yet – please do so using [THIS LINK](#).

Some 15 members had been filled in the table, which was presented in the meeting. The link will be available for a while, and all members, who wish to join in active groups, are invited to indicate their interest. Marjorita will summarize the content of the table, and the chairs will work further toward establishing a few thematic groups. The process will take some time, but eventually will help in building a structure for the RG.

A discussion about what is a joint publication / joint research project or proposal was held. Two members of the RG are needed to form a group that relates to the SHE.

Joint workshop with Assembly participants

Presentations and feedback of the four SHE tasks

Julien Masson / SHE mapping:

Julien presented the work done by the SHE mapping group. Since the SHE national coordinators are relevant key informants on this task, the working group invited and encouraged them to fill out the questionnaire which they will receive from the in September. Shared post-it task wrap up:



Simon mentioned that the national coordinators could use the HBSC data as a source for answering the questionnaire they will be receiving.

Julien Masson / SHE school manual:

Julien presented some data already collected in the a scoping review to analyse the implementation of the SHE Online School Manual, SHE Rapid Assessment Tool and Action Planner, as well as resulting achievements to draw key lessons as to further updating them. He invited the SHE RG members to participate in a semi-structured interview in July in order to collect a more detailed understanding of these material and to draw key lessons to update the SHE Online School Manual based on the evidence collected in the SHE member countries.

Electra Bada / SHE standards and indicators:

Providing valid quality standards for health promoting schools in Europe and accompanying measurable indicators in order to evaluate the working of health promoting schools is beneficial in various ways. The Standards and Indicators task group has completed the literature review and identified the common standards and indicators for health promoting schools which run across the bibliography and grey literature - including national HPS policy documents from several European countries. Currently, the task group is developing a model and template for working with Standards and Indicators at a European level. After receiving the information from the SHE questionnaire which will be sent in July, the task group is going to synthesize the data so as to finalize the writing up of the final document for the task, due in December 2019.

Leena Paakkari / SHE teaching materials:

The task has proceeded well and will be finalized in September and then sent through layout before publishing in November. The purpose of the material is to present key pillars and concepts for health promoting schools, to introduce health literacy and action competence as outcomes of school health education, to highlight the importance of pupil participation to promote central values of the SHE and HPS, and to give concrete examples of teaching activities. During the workshop, it was suggested that the term “Life skills” – or “Mastery of life” (Norway) - could be included in the work. For teachers, life skills highlight more action. Comprehensive health education was also discussed. Leena will take the wishes back to the group for further discussion.

It was emphasized that it is important for the workgroup leaders to work together to get the material aligned.

Marjorita and Kevin closed the meeting and reminded of the SHE conference in Moscow, and encouraged to submit an abstract for the conference. Ideas for themes for the next capacity building workshop for the SHE RG were asked from the participants.