



Members of the SHE Research Group

October 27, 2020

SHE RG Capacity Building Workshop

Dear SHE research group members,

It is my pleasure to invite you to the SHE Capacity Building Workshop. **The workshop will take place on Thursday, 29 October 2020 9:00-12:00 (Copenhagen time / CET).**

Venue: Zoom

Background: Capacity building workshop (CBW) will be a joint part of RG meeting and Assembly (coordinator meeting) with a theme of **Physical activity (PA) in the schools**. As this year's SHE RG meeting and Assembly was supposed to be held in Finland, we had chosen a presentation and related workshop on a national action programme **Finnish Schools on the Move** <https://schoolsonthemove.fi/>. The aim of the programme is to establish a physically active culture in Finnish comprehensive schools, and it is carried out by the Finnish National Agency of Education and the Ministry of Education and Culture.

Here you will find the [brochure](#).

Agenda:

- 9:00 Finnish Schools on the Move
- ✓ Schools on the Move program / Program coordinator, Finnish Schools on the Move *Joonas Niemi*
 - ✓ Components to increase PA in school / Pedagogical expert and Head Teacher of PE in the City of Jyväskylä *Samuli Penttiniemi*
 - ✓ Program research and results / Researcher, LIKES Research Center for Physical Activity and Health *Jouni Kallio*
- 10:30 *Exercise break with coffee and tea*
- 10:45 Workshop continues within the theme of physical activity at schools (during Covid-19)
- 11:45 Wrap up and closing day 2 and the meeting

The objectives of this workshop are:

- to get an overview of a national physical activity program and its research
- to identify cultural nuances of physical activity at schools
- to discuss COVID-19 influences in physical activity at schools (and beyond schools) and its research

I look forward to meeting you on Thursday!

Marjorita Sormunen, Chair of the SHE research group