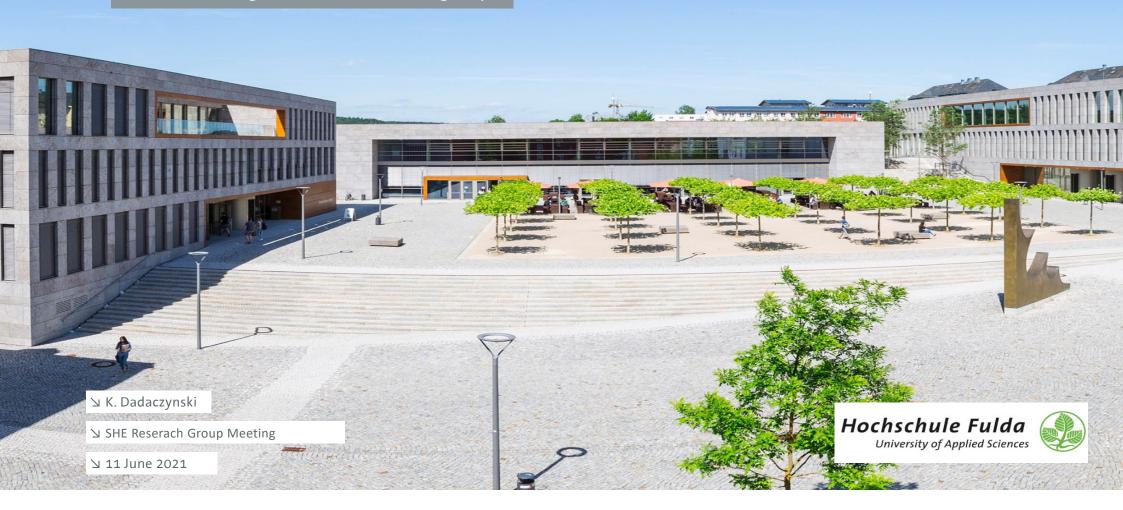
Wellcome

Annual meeting of the SHE research group





...a "slowed down" generation



Herder School in Lueneburg/ Germany (upper secondary/gymnasium)

1.100 pupils 90 teachers

K. Dadaczynski | 11 June 2021



...a "slowed down" generation

An essay-based reflection project

67 Pupils from a "values and norms" courses in grade 9, 11 and 12 think about the importance of the corona lockdown for theirs personal development.

Problems and threats

Advantages and chances

Prospects and consequences



...a "slowed down" generation | results

Advantages & Chances

- You get a different way of life: more appreciation for freedoms / small things taken for granted / awareness of your own privileges (24x)
- You get to know yourself more deeply and get to know your real needs better / focused work on your own future (14x)
- More conscious, efficient handling (maturity) in handling digital media (14x)

Problems and Threads

- Frustrating restrictions on social life (meeting friends, parties, celebrations, life highlights) (39x)
- Afraid of many school gaps (24x)
- Frustrating renunciation of compensatory sport, hobbies (14x)
- Non-repeatable and one-off events are irretrievably eliminated (important birthdays, confirmation, etc.) (10x)

Prospects & consequences

- Learning gaps remain sustainable (15x)
- Digital learning and work routes are becoming more important (15x)
- Avoiding decision-makers, politicians or parents and giving preference to radical or alternative parties - especially from the point of view of the young people particularly affected by the crisis (8x)



...a "slowed down" generation | pupils voices

"I am well aware that the economic consequences will be felt for a long time and we are the generation that has to try to put everything back in order."

"In general, I perceive the lack of activities as the strongest inhibiting factor for individual happiness, I consider an everyday life consisting of online lessons, occasional walks and meetings with friends to be unreasonable in the long run."



...a "slowed down" generation | pupils voices

"Just the thought that I was 17 when the first lockdown came and that I'll be 19 this year hurts a little bit. All the events that I wanted to take part, moments that I wanted to experience with friends in the summer, hardly or not at all took place! " "Until now, people thought they had a thousand possibilities and everything was self-evident, because we have the privilege of living in a country without war, with a relatively stable economy, an advanced health system and a very good education. The ongoing pandemic shows only too well that this freedom is by no means guaranteed. I therefore hope that we will learn again to be grateful for and appreciate even the small, seemingly self-evident things in life. "



Implications für school health research

How can we ensure that we do research with young people, not about them?

The Corona pandemic brings not only burdens but also opportunities for young people. How can we support young people to develop/unfold these opportunities?

Schools are very creative and have implemented many projects in a very committed way to reflect on the pandemic and its consequences, to support young people in coping. How can other schools learn from these good practice examples?

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Thank you!



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