

Wellcome

Annual meeting of the SHE research group

↳ K. Dadaczynski

↳ SHE Reserach Group Meeting

↳ 11 June 2021

Hochschule Fulda
University of Applied Sciences



Young people in the Corona crisis

...a „slowed down“ generation



Herder School in Lueneburg/ Germany
(upper secondary/gymnasium)

1.100 pupils
90 teachers



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An essay-based reflection project

67 Pupils from a “values and norms” courses in grade 9, 11 and 12 think about the importance of the corona lockdown for their personal development.

- 1 Problems and threats
- 2 Advantages and chances
- 3 Prospects and consequences

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Advantages & Chances

- You get a different way of life: more appreciation for freedoms / small things taken for granted / awareness of your own privileges (24x)
- You get to know yourself more deeply and get to know your real needs better / focused work on your own future (14x)
- More conscious, efficient handling (maturity) in handling digital media (14x)

Problems and Threads

- Frustrating restrictions on social life (meeting friends, parties, celebrations, life highlights) (39x)
- Afraid of many school gaps (24x)
- Frustrating renunciation of compensatory sport, hobbies (14x)
- Non-repeatable and one-off events are irretrievably eliminated (important birthdays, confirmation, etc.) (10x)

Prospects & consequences

- Learning gaps remain sustainable (15x)
- Digital learning and work routes are becoming more important (15x)
- Avoiding decision-makers, politicians or parents and giving preference to radical or alternative parties - especially from the point of view of the young people particularly affected by the crisis (8x)

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“I am well aware that the economic consequences will be felt for a long time and we are the generation that has to try to put everything back in order.”

“In general, I perceive the lack of activities as the strongest inhibiting factor for individual happiness, I consider an everyday life consisting of online lessons, occasional walks and meetings with friends to be unreasonable in the long run.”

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“Just the thought that I was 17 when the first lockdown came and that I’ll be 19 this year hurts a little bit. All the events that I wanted to take part, moments that I wanted to experience with friends in the summer, hardly or not at all took place! “

“Until now, people thought they had a thousand possibilities and everything was self-evident, because we have the privilege of living in a country without war, with a relatively stable economy, an advanced health system and a very good education. The ongoing pandemic shows only too well that this freedom is by no means guaranteed. I therefore hope that we will learn again to be grateful for and appreciate even the small, seemingly self-evident things in life. “

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Implications für school health research

How can we ensure that we do research **with young people, not about them?**

The Corona pandemic brings not only burdens but also opportunities for young people. **How can we support young people to develop/unfold these opportunities?**

Schools are very creative and have implemented many projects in a very committed way to reflect on the pandemic and its consequences, to support young people in coping. How can other schools learn from these good practice examples?

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Thank you!

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