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Schools for Health in Europe

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My experience in the field of Health Promoting Schools

I have worked with health promotion since 2006 when I was employed at Research Centre for Health Promotion in UC South Denmark. I cooperate with health promoting schools and kindergartens and my special interest is children's participation and empowerment. I teach teachers, preschool teachers, nurses and managers in the field of health promotion and works as consultant on how to implement new knowledge and approaches in organizations. Also, I evaluate health programs on the request of municipalities, organizations and ministries.

My link to SHE

During the last few years I have solved tasks for the network of health promoting schools in Denmark. Since the SHE secretariat was placed in UC South Denmark in 2017, I have worked as consultant in SHE. I develop teaching material and promoting material for SHE, I am webmaster, I write on SHE's platforms on social medias and I am in the front line in SHE's helpdesk.

My future ambitions for SHE

I hope that SHE will be expanded in the coming years in a scale that make all European countries and a large amount of central Asian countries join the concept of health promotion schools in SHE. As webmaster, I hope that the SHE-website will become the natural first choice for all when seeking information about health promotion in schools.