

The Welsh Network of Healthy Schools Schemes Public Health Wales

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Welsh Network of Healthy School Schemes

Wales



Cynlluniau Ysgolion Iach Rhwydwaith Cymru

Welsh Network of Healthy School Schemes

- The Welsh Network of Healthy School Schemes was launched in 1999 following a European pilot in 1995
- All 22 authorities in Wales have integrated the national scheme as a true partnership between education and health
- All types of schools in Wales are engaged with the scheme (primary, secondary, middle, special, nursery and independent)
- The scheme benefits from close alignment with its evaluation and research arm- Schools Health Research Network (SHRN)
- Following success of WNHSS, the Healthy and Sustainable Pre-School Scheme was set up in 2011 and the Healthy and Sustainable Higher Education/Further Education Framework in 2015.

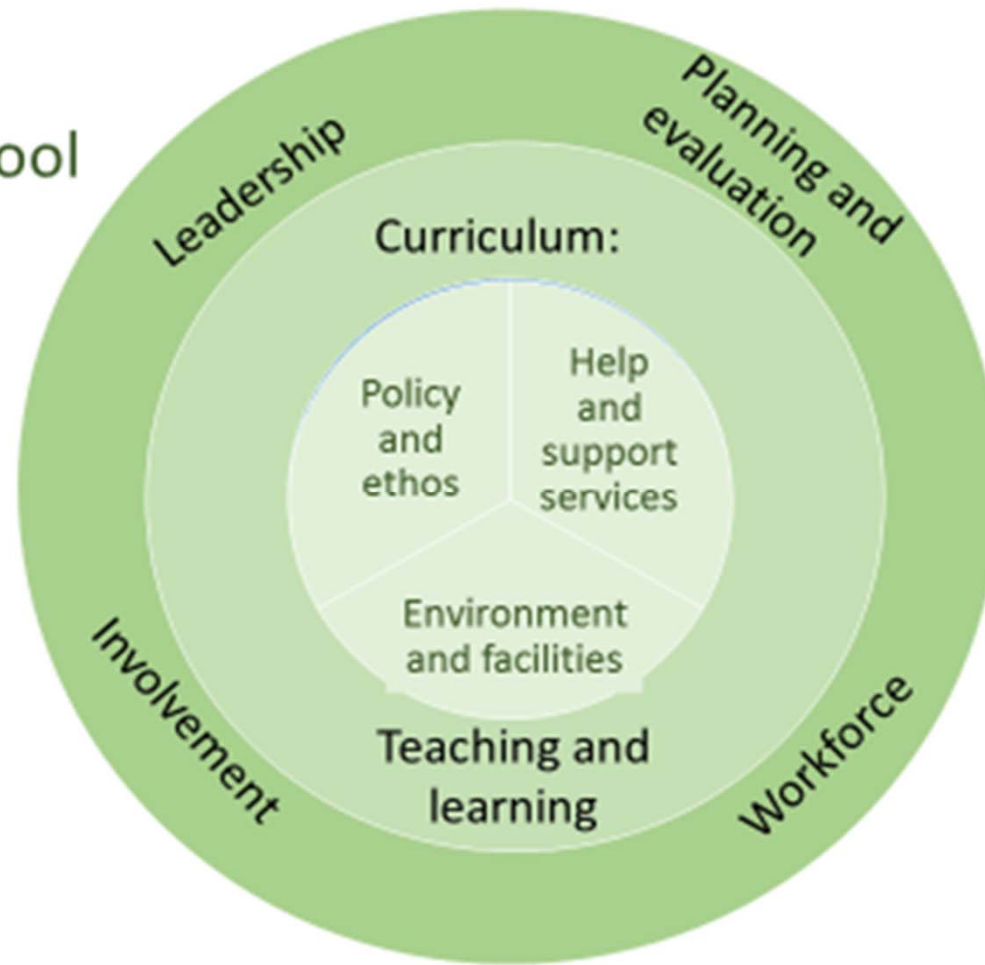


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Welsh Network of Healthy School Schemes
National Quality Award

The Whole School Approach



What is the whole school approach?

- Support for students teachers and other staff within schools, working with school governors and parents as a whole school community to improve health and well-being
- Working across the curriculum and extra-curricular activities
- Acknowledgement that the environment and ethos (or culture) of a school is just as important as the curriculum and policies
- Having a strong student voice
- Having a good understanding of the needs of the school community and using appropriate approaches to address these needs

Framework & Guidance



Evidence and Assessment

Schools work towards seven health aspects;

- Food & Fitness
- Environment
- Personal Development & Relationships
- Safety
- Mental & Emotional Health & Well-Being
- Hygiene
- Substance Use & Misuse

Each aspect has indicators under 4 headings:

- o Leadership and Communication,
- o Curriculum,
- o Ethos and Environment,
- o Family and Community Involvement.



Framework & Guidance



- Phases 1-5 of the scheme are assessed locally by the Local Healthy Schools Coordinator.
- Phases 1-3- Schools are expected to plan, implement and evaluate three action areas- Not a one off activity.
- Phase 4-5- Develop a whole school approach to one of the seven healthy schools topic areas by achieving all of the indicators
- A plaque (leaf) is awarded once a school successfully completes a phase in the scheme.
- The national quality award is awarded to schools that demonstrate a whole school approach. This is assessed by an independent assessor.
- A celebration event is held for all schools that achieve the NQA.



National Quality Award

- Developed jointly by Welsh Government and local healthy school practitioners
- To ensure consistency of approach in schools
- To provide independent assessment
- 186 schools in Wales have achieved the NQA



Total Number of Schools	Total Number of Schools achieved phase 3 and above	Total % Number of Schools achieved phase 3 and above	Total Number of Schools achieved phase 4 and above	Total % Number of Schools achieved phase 4 and above	Total Number of Schools achieved phase 5 and above	Total % Number of Schools achieved phase 5 and above
1579	1516	96.0%	1114	70.5%	793	50.2%

National Quality Award

School	Total number of Schools	Total holding an NQA	Proportion of total holding an NQA
Primary	1242	154	12.4%
Secondary	187	19	10.2%
Middle	19	0	0%
Special	41	8	19.5%
Nursery	9	4	44.4%
Independent	81	1	1.23%

Going Forward

- Build on the success of the Welsh Network of Healthy Schools Scheme and continue to work with others to increase both the action relating to the wider determinants of health and to support better educational attainment
- Curriculum for Wales- Health and Well-being as 1 of 6 areas of learning and experience
- Continue to work and support the Schools Health Research Network



SHE
Schools for Health in Europe



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“HEALTH IS CREATED AND LIVED BY PEOPLE
WITHIN THE SAME SETTINGS OF THEIR EVERYDAY
LIFE; WHERE THEY LEARN, WORK, PLAY, AND LOVE”
(The Ottawa Charter, 1986)

<https://www.publichealthnetwork.cymru/en/social-determinants/education/welsh-network-of-healthy-school-schemes-wnhss/>



**Diolch yn fawr
iawn**

**Thank you very
much**

Contact Details

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<http://www.wales.nhs.uk/sitesplus/documents/888/WEB%2026732%20English%20pages.pdf>